



TEAM HAND BALL

Team handball is a very popular sport in European countries. It is now an Olympic sport. It is played with a gator-skinned ball.

Rules:

1. The goal of the game is to score by throwing a gator-skinned ball in a goal.
2. One point is scored for each goal that is made.
3. Only the goalie is allowed in the basketball key area.
4. Players on offense are not allowed inside the 3-point arc. Players on defense are allowed inside the arc, but not inside the key.
5. Only 2 passes made be made inside the arc by the defense.
6. After the ball is passed outside the arc by the defense, they may not pass it back inside the arc.
7. Players may not run with the ball.
8. Players may not dribble the ball.
9. Players may not pass the ball to themselves.
10. Players may advance the ball by throwing it.
11. Players may pick the ball up from the floor.
12. Players may only attempt to score from outside the 3-point arc.
13. After a goal is scored, the goalie starts play by passing the ball.

Terminology:

1. Key – the area on the basketball court also referred to as the foul lane. On our gym floor, it is painted blue.
2. Offense – the team in possession of the ball.
3. Defense – the team trying to prevent the other team from scoring.
4. 3-point arc – the area on the basketball court that forms an arc outside the key.
5. Dribble – bouncing the ball on the floor.