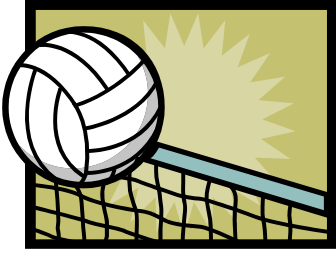


VOLLEYBALL



1. A serve may be underhand or overhead.
2. A serve is made from outside the court in the right side corner.
3. The first shot after the serve must be a dig or a bump.
4. In rally scoring, you do not need to serve to get the point. Games are played to 25, win by 2.
5. In competitive volleyball, there are 6 players from each team on the court at a time.
6. A “set” is used to hit to a teammate to get them ready to spike the ball over the net.
7. A serve may not hit the net. If it does, it is a point for the other team.
8. During play, the ball may hit the net.
9. Players may not touch the net at any time.
10. A player may follow through on a spike and reach over the net after the ball has been hit, as long as he does not touch the net. He may not reach over the net to hit the ball.
11. A ball landing on the line is called in.
12. The score should be given before each serve. The serving team’s score should be said before the opposing team’s score.
13. The ball may only be hit three times on each side.
14. A player may hit the ball twice on one side, but not on 2 consecutive hits. This means a player may hit the ball for the first hit, then a teammate must hit it before player #1 may hit it again.
15. A ball that is hit underhand with an open hand is called a carry. This is an illegal hit.