

# Tulpehocken Forms Guide

*Please complete the following digital forms on Big Teams Student Central (formerly Planet High School).  
Paper/Uploaded copies will not be accepted unless specifically noted below.*

## **PIAA Personal & Emergency Information (Section 1) - Sign**

- Some information will transfer from your completed Emergency Contact Information. Please double check it to ensure accuracy. Update as needed.
- We do NOT need your insurance company address or telephone #. Please feel free to put an X for these fields as they are required fields to complete the form.
- For Physician, please feel free to list your General Medical Group (i.e. Reading Pediatrics, Children's Clinic, Tower Health Pediatrics, etc).
- Also, please note that the form only gives MD or DO as options as this is how the PIAA form is formatted. We realize that many people choose to use a CRNP or PA-C as your PCP. If this is the case, please just list that with their name and choose the first available option for Title (as it is a required field)

## **PIAA Certification of Parent/Guardian (Section 2) – Parent Signature and Initials Only**

- Make sure the blanks for Part A are complete and accurate. Add in Tulpehocken Area for School District.
- Please check the sports that you are giving your student-athlete permission to participate in for the upcoming school year.
- Initial by Parts B - F.

## **PIAA Concussion Form (Section 3) – Sign and Initial**

## **PIAA Cardiac Awareness Form (Section 4) – Sign and Initial**

## **PIAA Pre-Participation History Form (Section 5) – Sign and Initial**

- Please make sure to provide an explanation for all yes answers in the box at the bottom. You will be able to re-use this form in subsequent years, so please take your time when initially completing it your first year.
- **For all yes answers, please list the question number and give a brief explanation.**
- **Forms with incomplete information will be declined by the Athletic Department and you will be required to update and re-submit.**
- Once you have completed this form online, you will need to print it out to take to your Sports Physical Appointment.
- To print a completed copy of this form, please click on the "Print/Upload Here" and then "Print Document". Please do not upload another version of this form.

## **PIAA Comprehensive Initial Pre-Participation Physical Evaluation and Certification of Authorized Medical Examiner (Section 6) – This form is not visible until June 1<sup>st</sup>.**

- **Needs to be uploaded to your Big Teams Student Central account once completed by your physician.**
- Please scan or take a clear picture to upload into Big Teams Student Central. Please make sure the entire page is included in the scan/picture and all information is legible. Please only upload your Section 6 Form.
- Original Forms may also be returned to the Athletic Office. A copy of your original will be uploaded to your Planet High School Account for you.
- The PIAA Section 6 (CIPPE) must be certified/dated on or after June 1<sup>st</sup> for each school year. Forms with improper dates or missing dates will be declined by the Athletic Department and you will be required to update and re-submit.
- **The PIAA Section 6 (CIPPE) form is the only physical form accepted by the PIAA. Please do not upload PDE School Physical Exam forms or a Drivers Permit Physical.**
- **Copies of completed PIAA Section 6 CIPPE forms will be provided to the nursing office to satisfy the PDE School Physical Exam requirement.**

## **Tulpehocken Area School District Athletic Enrollment Information Form – Sign and Initial**

### **Informed Consent for Athletic Participation - Sign**

#### **St. Luke's Consent to Treat Patient**

- Our athletic trainers are contracted through St. Luke's University Health Network. This form allows them to treat student athletes for their injuries.
- Signing this form does NOT mean that you will be required to see St. Luke's physicians.
- You will always have the freedom to see any Physician or Medical Group of your choosing and our sports medicine staff will be happy to refer your student-athlete to any Medical Group you request or give you a list of possible recommendations based on your geographic location as well as the nature of their injury.

#### **St. Luke's HIPAA Privacy Authorization Form**

- This form allows the school athletic trainers to share injury information with coaches, school nurses, or administration as needed.
- Signing this form does NOT mean that you will be required to see St. Luke's physicians.
- You will always have the freedom to see any Physician or Medical Group of your choosing.

### **Student Athlete Code of Responsibility – Sign and Initial**

- Direct link to the Parent/Athlete Handbook:  
<https://www.tulpehocken.org/cms/lib/PA50000607/Centricity/Domain/67/10%20parentstudent%20handbook.docx>

### **Concussion History and Concussion Management Consent Form – Sign**

#### **Baseline IMPACT Test**

- As part of our Concussion Management Program, all athletes are required to take a baseline IMPACT (Immediate Post Concussion Assessment and Cognitive Testing) every two years prior to their 1<sup>st</sup> sport of the school year.
- IMPACT is an objective tool to support trained healthcare providers in making sound return to activity decisions following concussions.
- It is a computerized test that measures memory, attention span, visual, and verbal problem solving. This baseline test is performed to see how an athlete normally performs these tasks.
- If an athlete sustains a concussion during the season, their Physician may request that they take a post-injury exam to see if they are back to their baseline for each of the tasks. Post-injury tests will only be performed at the request of the treating physician or parent/guardian.
- [More information about the IMPACT Test is available here.](#)
- Direct link to complete your Baseline Test: <http://www.impacttestonline.com/schools>
- The Customer Code is - AZYV8QSNXT
- [Full testing instructions are available here.](#)
- If you are unsure if your student athlete needs to complete a baseline test this school year or if you need to schedule a baseline test at the school, please contact our Athletic Trainer, Liz Clark ([lclark@tulpehocken.org](mailto:lclark@tulpehocken.org))